

# FT10i + SID-WP Pin Load

## Crossover Functional Trainer ajustable 120 KG x 2 Stack



### CONDITIONING

Strengthens your heart and lungs while increasing your metabolic rate.



### POWER

Increases speed and agility by activating fast twitch muscle fibers.



### STRENGTH

Increase muscle, tendon and ligament strength; bone density; metabolic rate while improving heart and body composition.



### FLEXIBILITY

Increase range of motion, flexibility and reduce the risk of injury.



### WARNING

Consult your physician before beginning this or any exercise program. Keep out of reach of children.



### 作用

增强你的心肺功能，增加你的代谢率



### 功能

通过激活快肌纤维，增加速度和敏捷性



### 力量

增加肌肉、肌腱和韧带力量；骨密度；代谢率，同时改善心脏和身体成分。



### 灵活性

增加活动范围，灵活性和减少受伤的风险。



### 警示

在开始这个或任何运动计划之前，请咨询您的医生。器材放置在儿童接触不到的地方。



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Assembled dimensions (mm)

It can be enlarged after replacing the three parts.

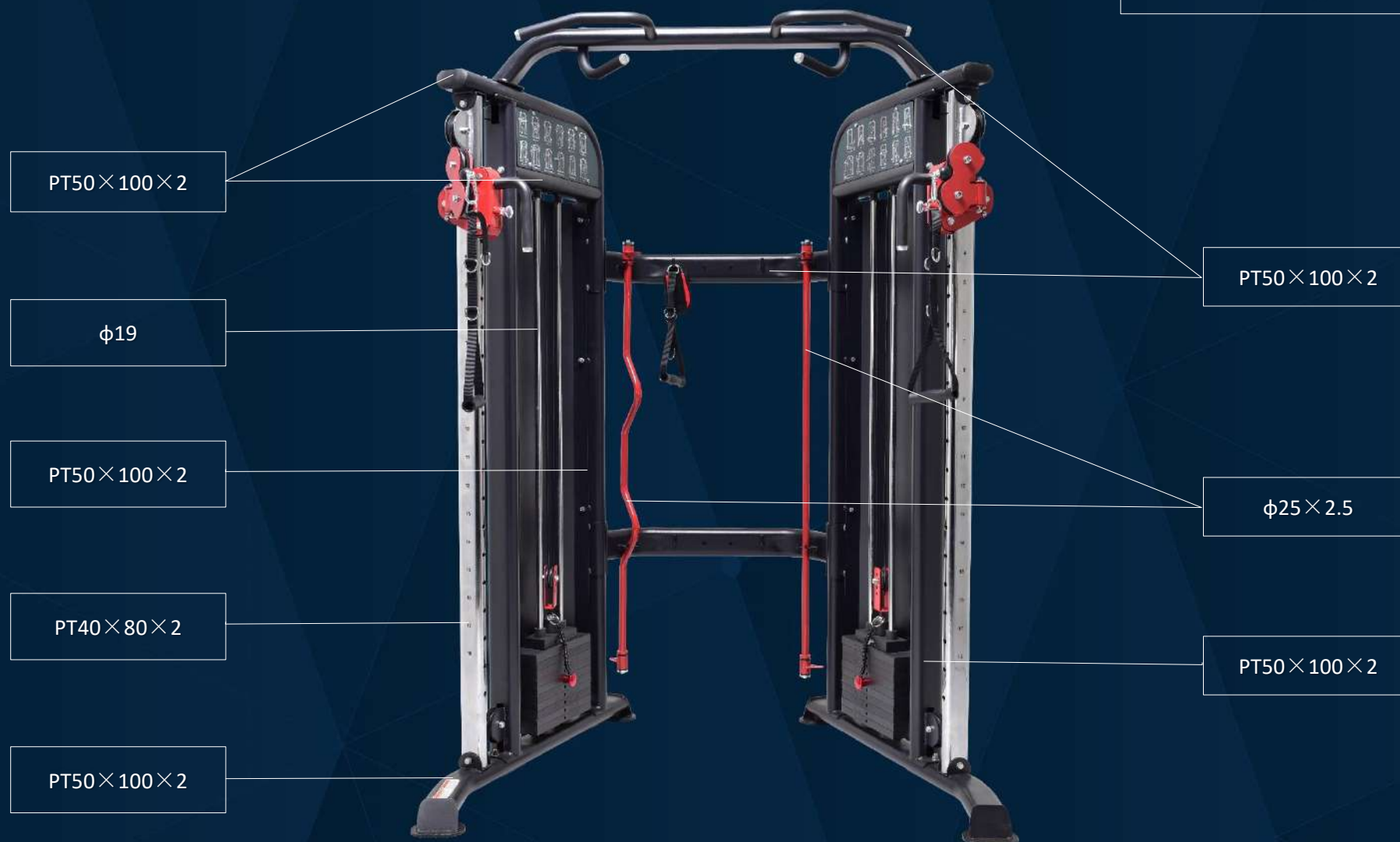


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Maximum weight & Main tube size

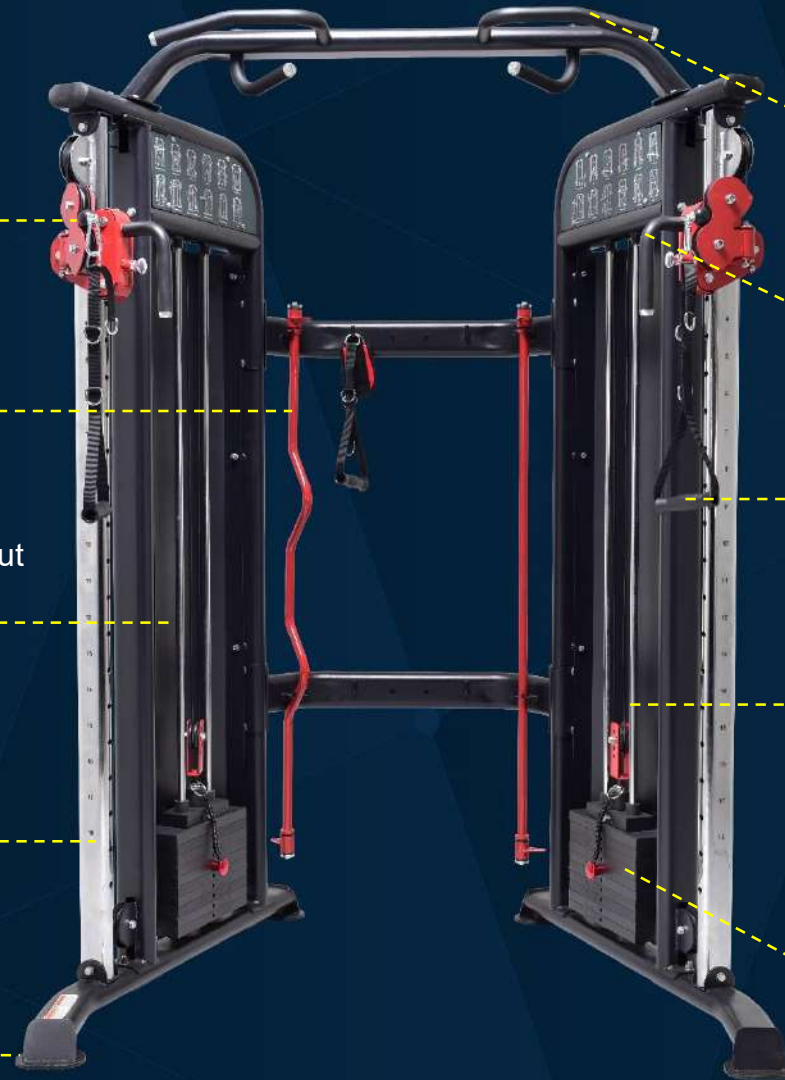
Maximum user weight: 350lbs



# FT10i + SID-WP Pin Load

Crossover Functional Trainer ajustable 120 KG x 2 Stack

## Characteristic



Cross- over pulley swivel

“ W” Curl Bar

Metal cover not only can protect the case but also increase the stability of the machine.

18 holes Right sliding support frame can meet different hright training request.

Non-slip rubber pad can effectively avoid scratching floor

Multi angle grip

HDR handle grip

Adjustable multi-ring strap

Solid chrome plated guide rod

132 KG precision steel weight stack. 66 KG on both sides can be adjusted freely.

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Chin up

Multi angle Chin up bar

ordinary grip  
underhand grip  
mixed grip  
sternum pull-up  
one-hand pull-up  
one-arm pull-up



Comfortable HDR handle grip.

Aluminium alloy end cap

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Cross- over pulley swivel



The tension output can rotate 180 degrees freely to meet different training angles and ensure your training effect.



Zinc plated knob set is easy to be adjusted.

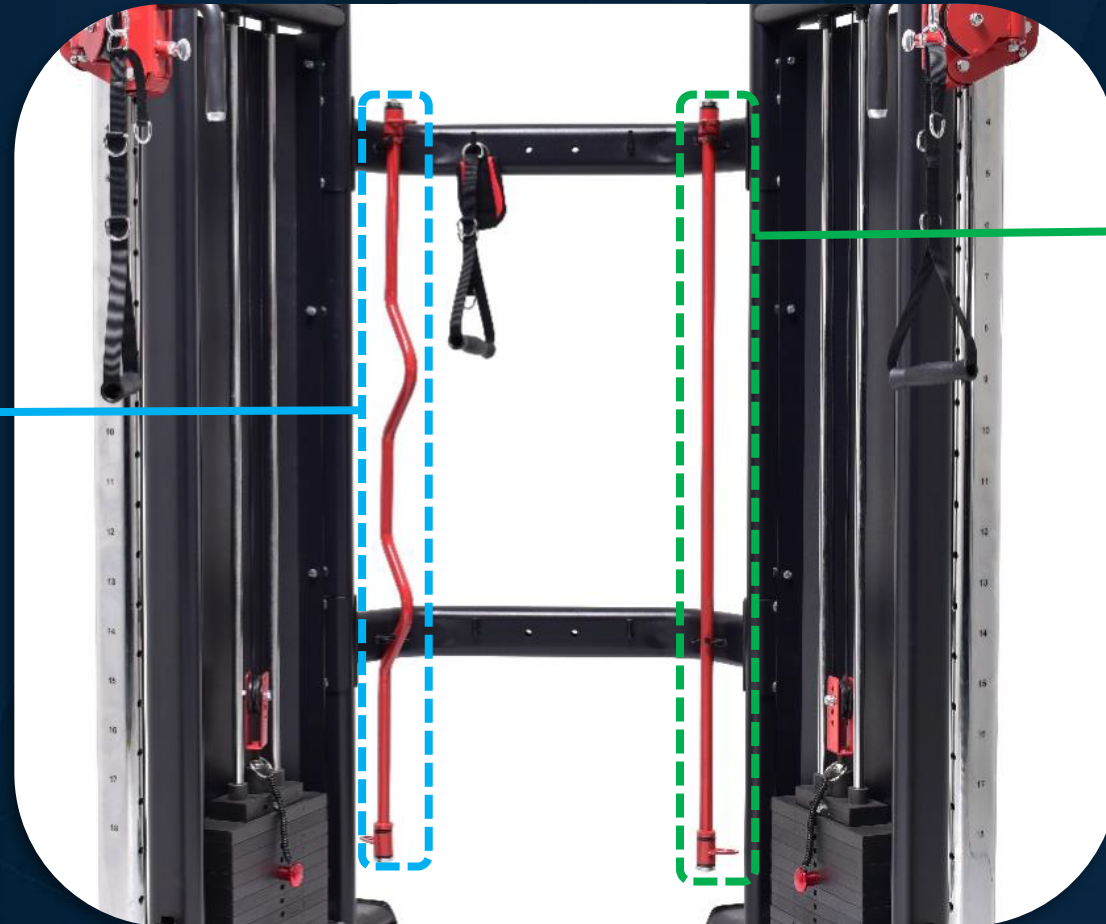
# FT10i + SID-WP Pin Load

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Lat bar storage

Easy conversion of straight bar and curved bar can meet different training needs.

"W" type curved bar can better fit close to the chest, reduce the risk of wrist injury, while increasing the angle changes and help to shape sculpture muscle details.



Straight Bar

# FT10i + SID-WP Pin Load

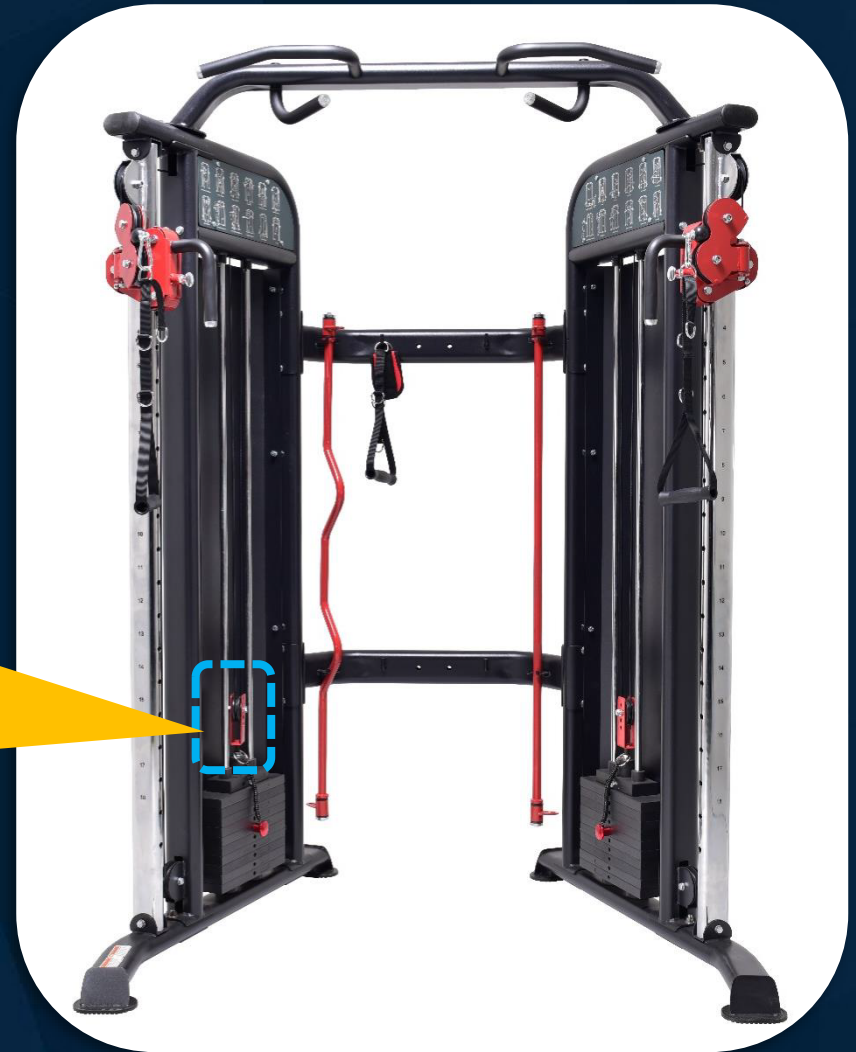
Crossover Functional Trainer ajustable 120 KG x 2 Stack

## Detail

Solid chrome plated high precision guide rod is smooth and durable.



Cable length can be adjusted slightly.

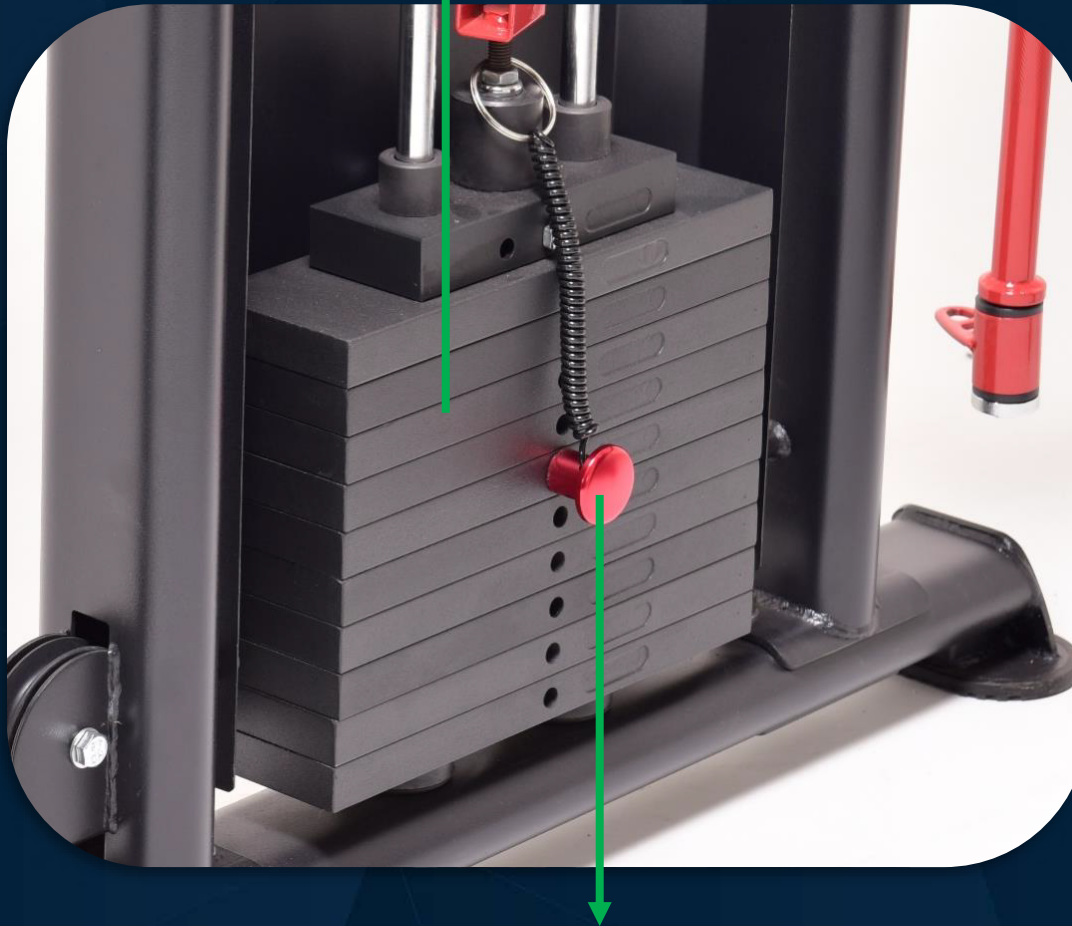


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Weight stack

Iron weight stack :6KG× 11=66KG



Magnetic pin avoids sliding during exercise.

Iron weight stack :6KG× 11=66KG

Iron weight stack :6KG× 15=90KG

Iron weight stack :6KG× 20=120KG

There are three above weight options for the iron weight stack. Customers can choose freely according to their request.

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## Detail

Φmm5 Cable has passed through 800 kg tension test.  
The cable is tensile, wear-resisting and safe.



The thickened protective cover can prevent the cable from falling off. It also can protect the pulley and increase the service life .



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Reinforced base

The environmental non-slip rubber pad increases the contact area with the ground and the friction force. It's more stable.

