

SID-TRSCR

Crossover Functional Trainer ajustable 120 KG x 2 Stack



CONDITIONING

Strengthens your heart and lungs while increasing your metabolic rate.



POWER

Increases speed and agility by activating fast twitch muscle fibers.



STRENGTH

Increase muscle, tendon and ligament strength; bone density; metabolic rate while improving heart and body composition.



FLEXIBILITY

Increase range of motion, flexibility and reduce the risk of injury.



WARNING

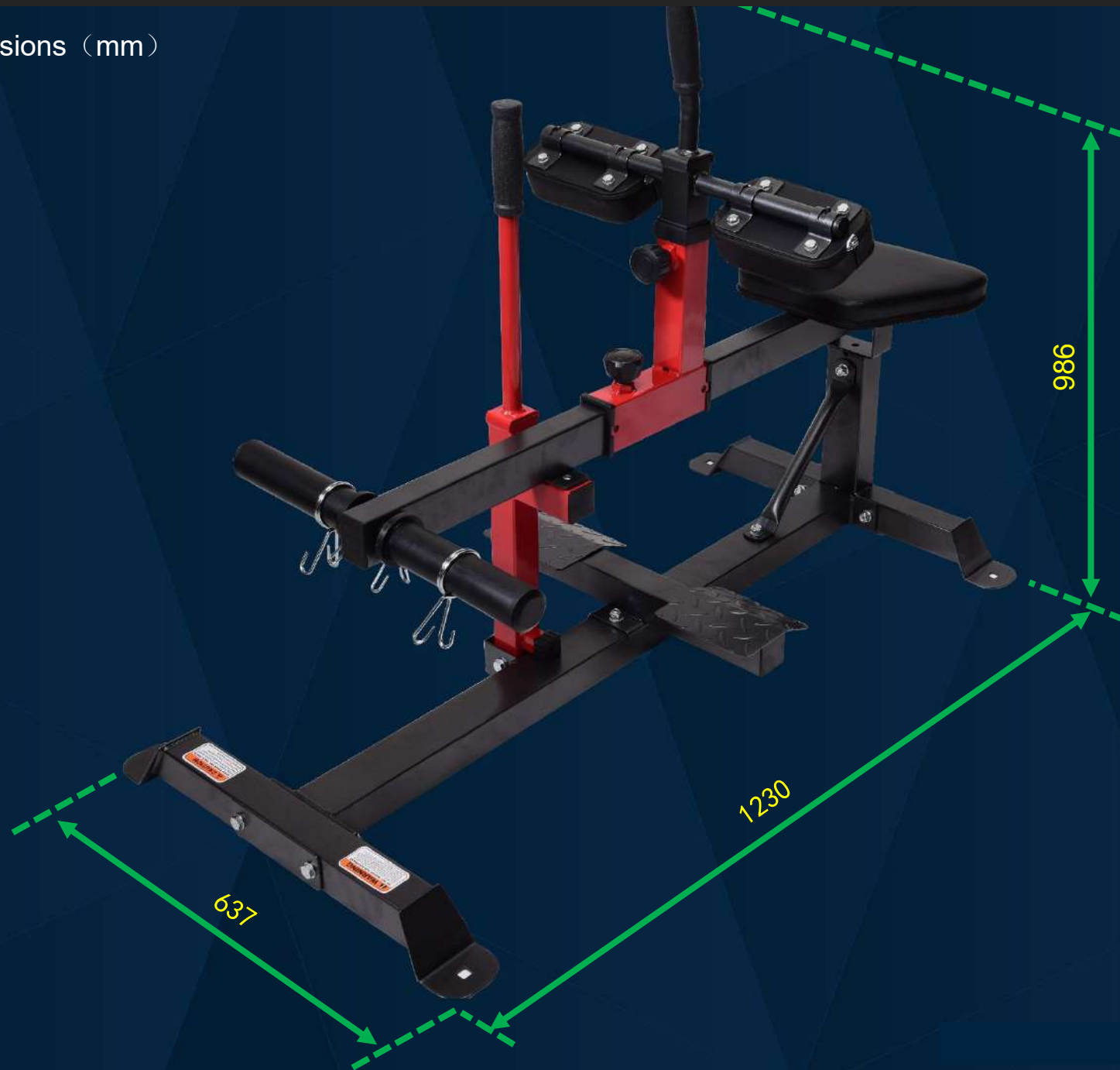
Consult your physician before beginning this or any exercise program. Keep out of reach of children.



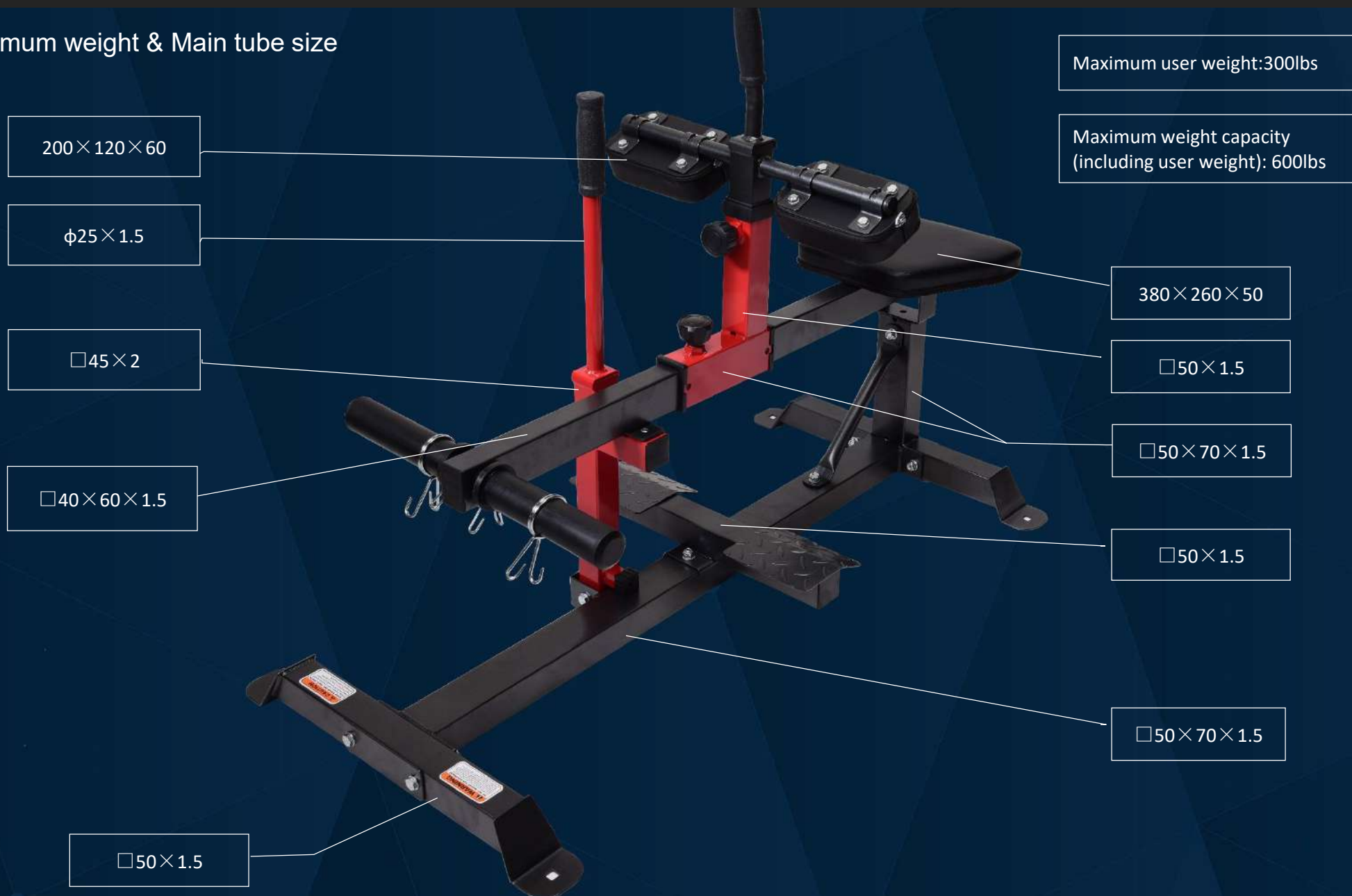
SID-TRSCR

Crossover Functional Trainer ajustable 120 KG x 2 Stack

Assembly dimensions (mm)



Maximum weight & Main tube size



Characteristic

Limit control lever

Adjust Pad Frame

Adjustable Slide

Swing Frame

Short Sleeve weight
stow rod

With Australian black fur,
smooth, smooth, full, elastic
and elastic

High level cushion

Diagonal Support

Foot plate

Cross Base

Front Base



Seat Pad

Unique trapezoid design. The designers took into consideration of any thigh state of the user training according to ergonomics.



Knee Pads



The use of limit pin 126 ° adjustable Leg pad angle can meet the needs of different height training.



Foot plate

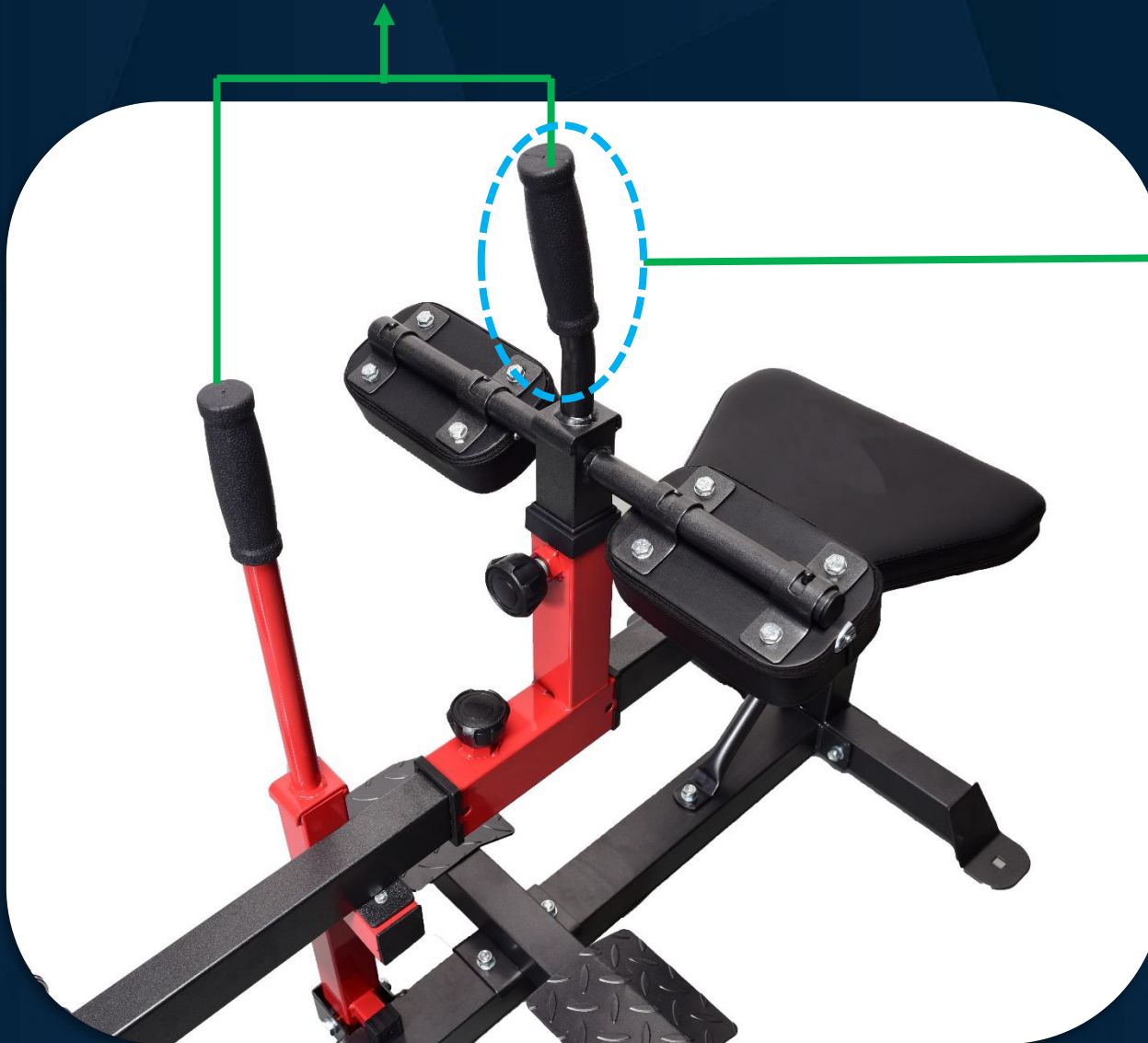
Multi - functional skidproof foot plate with slop makes it more suitable for different exercises of different trainers.



Grip

Comfortable PVC material curved grip.
It doesn't fall off with 70 Newton force.

10 ° bending grip design .
The handle is more comfortable to hold.

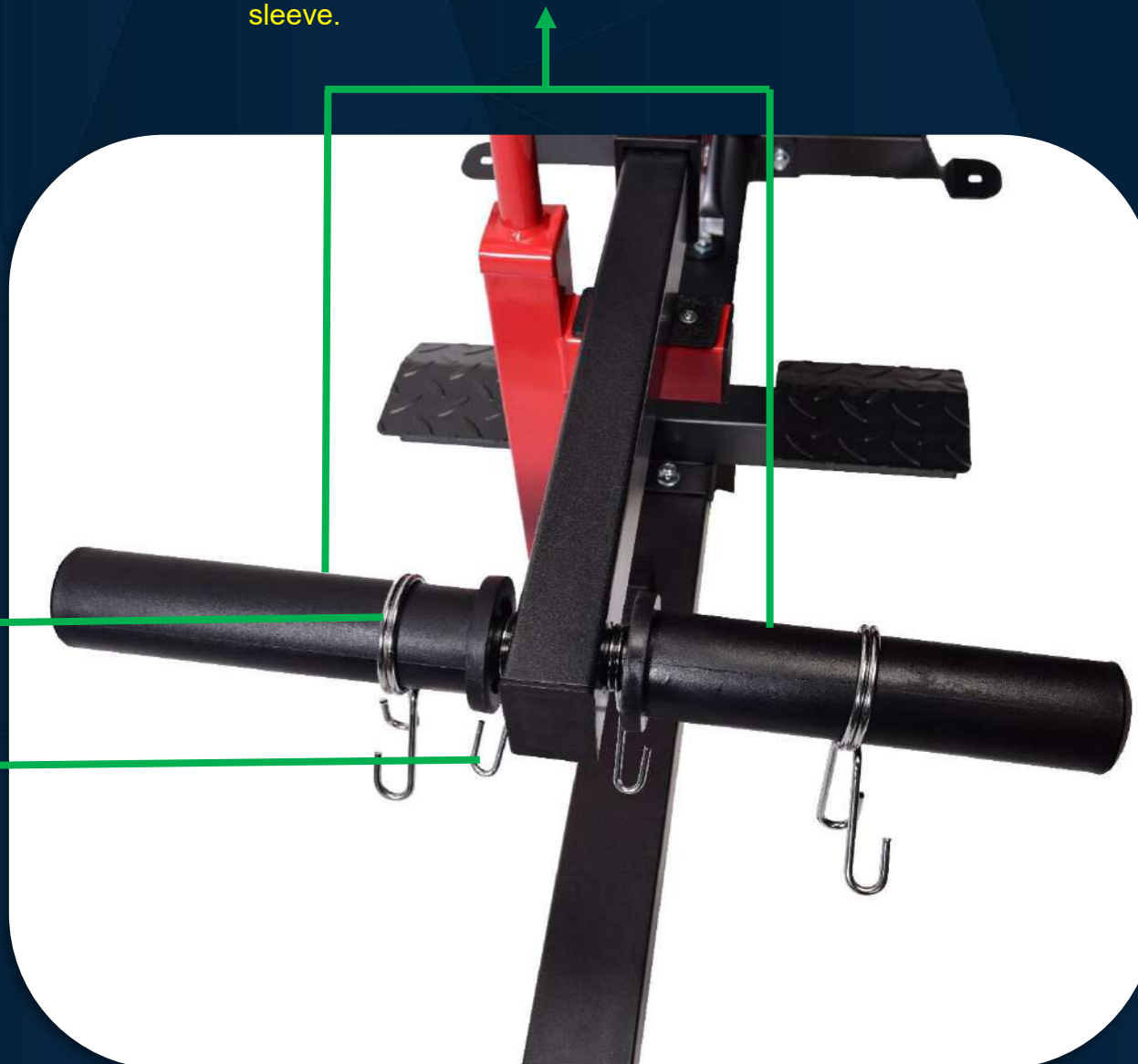


Weights Stow Rod

Φ 50 sleeve with Φ 25 weight plate rod inside. Available with Φ 50 hole weight plate . You may use weight plate with a Φ 25 hole after removing the Φ 50 weight plate sleeve.

Φ 49 Chrom
plated spring clip

Φ 24.5 Chrom
plated spring clip

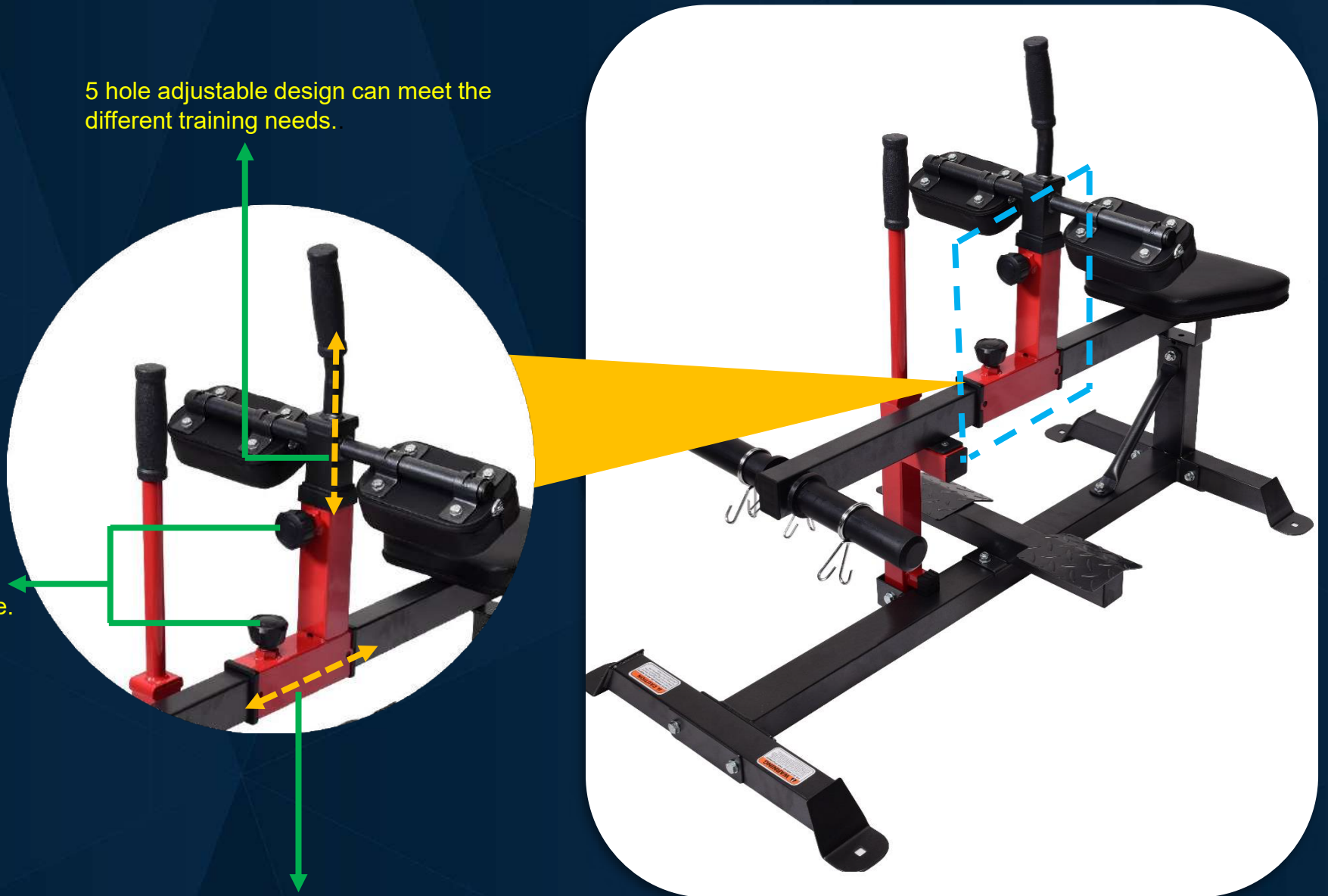


Adjustable Slide

5 hole adjustable design can meet the different training needs.

Round knob.
Easy to be adjustable.

5 hole adjustable design
Direction adjustment.



Detail display

Limit control lever. The training begins with lifting up the leg cushion and manually breaking it outward from the original position.



ABS pad.
Anti-wear and deformation resistance.



Diagonal Support



Triangular structure makes the machine more stable.

